

Expect diarrhea for two days. 2000-3000 small stones may be passed. You may need to repeat this treatment after a month.

These instructions have produced thousands of testimonials, none report pain, only success.



This is a picture taken by Gillian Milner from Platt showing some of the larger stones that were washed out the next morning after her Liver Cleanse.

How well did you do? The bowel movement (if there is any) sinks, but the gall and liver stones float, because of the cholesterol content. Eventually, you may have to eliminate up to 2,000 stones in several sessions, over a period of a year or so, before the liver cleanse is enough to rid you of all allergies or upper back pain or other symptoms, permanently. You may repeat this liver / gallbladder cleanse at one or two month intervals until no more stones come out.

Never purge when you are ill.

How safe is this cleanse?

It is very safe. Professionals and individuals have conducted thousands of these liver purges, including many people in their seventies and eighties. We have heard of nobody ending up in a hospital, and none reported pain. This liver purge could make you feel a little uncomfortable for a day or two thereafter. Stirred up toxins are in solution begging to be released.

For more info visit www.AtlantisHealingCenter.com

Liver & Gallstone Flush / Detox

These instructions pertain to a liver cleanse developed to remove toxins, cholesterol build up and, especially gallstones from the liver. The aim is to return the liver to tip top condition. Depending on your situation, you may need to repeat it monthly or at least twice per year. Don't cleanse while ill or recovering from illness. The liver is an organ of detoxification, and it is linked to your immune system strength and sugar control, among other things. Cleansing liver and gallbladder of gallstones dramatically improves digestion, which is the basis of your whole health. You can expect allergies to disappear with each cleanse you do. Incredibly, it also eliminates shoulder, upper arm and upper back pain. You have more energy and sense of well-being.

For many people, including children, the biliary tubing is choked with gallstones. There are over half a dozen varieties of gallstones; most of which have cholesterol crystals in them. They can be black, red, white and tan colored. The green ones get their color from being coated with bile. At the very center of each stone is found a clump of bacteria, according to scientists, suggesting parasites might have started the stone forming. As the stones grow and become more numerous, the back pressure on the liver causes it to make less bile. In the presence of gallstones, much less cholesterol leaves the body and cholesterol levels may rise. Gallstones being porous, can pick up all bacteria, cysts viruses and parasites that are passing through the liver. In this way, "nests" of infection are formed, forever supplying the body with fresh bacteria. No stomach infection such as ulcers or intestinal bloating can be eliminated permanently without removing these gallstones from the liver.

The magnesium Liver-salts included in this cleanse will get your bowels moving and open your bile ducts to prevent any pain. You may feel a train of stones traveling along the bile ducts like marbles. Expect a runny stomach after the first dose and also the next day. You may count your stones. They will look like green and tan peas (there are plenty of pictures on the internet if you want to look for them). The cholesterol makes them float. You may also have some crystals, sand and cloudy white residue. All of this is normal.

Cleansing Instructions

Remember to obtain 2 fresh grapefruits before starting the cleanse. Do NOT use bottled or frozen grapefruit juice.

Choose a day for the cleansing, since you will be able to rest the next day. Eat a NO-FAT breakfast and lunch such as cooked cereal with fruit, fruit juice, bread and preserves or honey. NO BUTTER OR MILK. No fatty foods or food containing fats or oils. You may have vegetables with salt only. This will allow the bile to build up and develop pressure in the liver. High pressure pushes out more stones.

3.5oz Epsom Salt 1
1/2 C Extra Virgin Olive Oil
3/4 C Grapefruit Juice
2 capsules Valerian Root Powder 1.1 gram each